

CV Date

10/03/2025

Part A. PERSONAL INFORMATION

First Name *	Aina Maria		
Family Name *	Yáñez Juan		
Sex *		Date of Birth *	
ID number Social Security, Passport *		Phone Number *	
URL Web			
Email Address			
Researcher's identification number	Open Researcher and Contributor ID (ORCID) *		
	Researcher ID	AAF-7087-2021	
	Scopus Author ID	7005888909	

* Mandatory

A.1. Current position

Job Title	Full Professor		
Starting date	2023		
Institution	Universitat de les Illes Balears		
Department / Centre	Department of Nursing and Physiotherapy / Faculty of Nursing and Physiotherapy		
Country	Spain	Phone Number	971 173 000
Keywords			

A.3. Education

Degree/Master/PhD	University / Country	Year
Graduat en psicologia	Universitat Illes Balears / Spain	2020
Doctora en Medicina y Cirugía. Programa de Salud pública y Metodología de la Investigación clínica	Universitat Autònoma de Barcelona / Spain	2007
Master of Science in Clinical Epidemiology	Netherlands Institute for Health Sciences / Holland	2004
Licenciada en Biología	Universitat de Barcelona / Spain	1996

Part B. CV SUMMARY

CV Summary - Dr. Yáñez (Biologist, psychologist, epidemiologist, and Ph.D. in Medicine) has been a lecturer in epidemiology and statistics at the University of the Balearic Islands (UIB) since 2010 and occupying a permanent position as a Tenured Professor since 2016. She has been involved in undergraduate and postgraduate activities as well as the supervision of Master's and PhD thesis. In the last five years, she has supervised 5 Ph.D. and 8 Master's theses all obtained very good marks. She has been leading and participating in a number of competitive research projects (actually is involved in 7 projects). She has published a total of 98 research papers, 77 of which are in high-quality journals indexed in JCR (45 of these 77 have been published in the last five years). Among her published articles 38 belong to T1 journals (9 D1 and 30 Q1). She is the first, last, or corresponding author in 36 JCR papers (h-index = 26). She is an editor and reviewer of JCR journals. To date, she has participated in 80 conferences with presentation papers, communications, and posters. Dr. Yáñez contributed in 2019 to the design and implementation of a new official MSc degree in Health Research and Innovation (UIB) and since then she is the director. Both past and present Dr. Yáñez research lines focus on the study of lifestyle patterns (diet, physical activity, smoking, sedentarism) and their influence on chronic diseases development, i.e., obesity, diabetes, chronic obstructive pulmonary disease, mental health, and cardiovascular disease.

Part C. RELEVANT ACCOMPLISHMENTS

C.1. Publications

AC: corresponding author. (n° x / n° y): position / total authors. If applicable, indicate the number of citations

- 1 **Scientific paper**. Lirola-Palmero, S.; Salva-Coll, G.; Yáñez-Juan, A.M.; Sánchez-Iriso, E.(/4). 2024. Cost-effectiveness and cost-utility of the ball-and-socket trapeziometacarpal prosthesis compared to trapeziectomy and ligament reconstruction: study protocol for a randomized controlled clinical trial. *Trials*.
- 2 **Scientific paper**. Cortes, R.; Yáñez, A.M.; Capitán-Moyano, L.; Millán-Pons, A.; Bennasar-Veny, M.(/5). 2024. Evaluation of different screening tools for detection of malnutrition in hospitalised patients. *Journal of Clinical Nursing*.
- 3 **Scientific paper**. Bedmar, M.A.; Capitán-Moyano, L.; Bennasar-Veny, M.; Moreno-Mulet, C.; Carrero-Planells, A.; Yáñez, A.M.(/6). 2024. Health status and self-perception of health among homeless people in Spain: A mixed-methods study. *Frontiers In Public Health*. <https://doi.org/10.3389/fpubh.2024.1444888>
- 4 **Scientific paper**. Fuster-Parra, P.; Huguet-Torres, A.; Castro-Sánchez, E.; Bennasar-Veny, M.; Yáñez, A.M.(/5). 2024. Identifying the interplay between protective measures and settings on the SARS-CoV-2 transmission using a Bayesian network. *Plos One*. 19-7, pp.1-19. <https://doi.org/10.1371/journal.pone.0307041>
- 5 **Scientific paper**. Aguilar-Latorre, A.; Gili, M.; Navarro-Guzmán, C.; Garcia, A.; Yáñez, A.M.; Garcia-Toro, M.(/6). 2024. Gender differences in the therapeutic response to lifestyle improvement-based interventions for treatment-resistant depression. *European Journal of Psychiatry*.
- 6 **Scientific paper**. Cortes-Aguilar, Regina; Malih, Narges; Abbate, Manuela; Fresneda, Sergio; Yáñez, Aina; Bennasar-Veny, Miquel. (/6). 2024. Validity of nutrition screening tools for risk of malnutrition among hospitalized adult patients: A systematic review and meta-analysis. *Clinical Nutrition*. 43-5, pp.1094-1116. <https://doi.org/10.1016/j.clnu.2024.03.008>
- 7 **Scientific paper**. Abbate M, Parvanova A, López-González AA, Yáñez AM, Bennasar-Veny M, Ramírez-Manent JI, Reseghetti E, Ruggerenti P. (4/1). 2024. MAFLD and glomerular hyperfiltration in subjects with normoglycemia, prediabetes and type 2 diabetes: A cross-sectional population study. *Diabetes-Metabolism Research and Reviews*. <https://doi.org/10.1002/dmrr.3810>
- 8 **Scientific paper**. Cristian Sánchez-Rodríguez; Laura Capitán-Moyano; Narges Malih; Aina M. Yáñez; Miquel Bennasar-Veny; Olga Velasco-Roldán; Oana Bulilete; Joan Llobera-Canaves.(/8). 2024. Prevalence of musculoskeletal disorders among hotel housekeepers and cleaners: A systematic review with meta-analysis. *Musculoskeletal Science And Practice*. 69-102890, pp.102890-1-102890-8. <https://doi.org/10.1016/j.msksp.2023.102890>
- 9 **Scientific paper**. Huguet-Torres, A.; Bennasar-Veny, M.; Castro-Sánchez, E.; Yáñez, AM.(/4). 2024. Factores sociodemográficos y ambientales relacionados con el uso de mascarillas en la población durante la pandemia por la COVID-19. *Revista Espanola de Salud Publica*.
- 10 **Scientific paper**. Huguet-Torres A; Castro-Sánchez E; Capitán-Moyano L; Sánchez-Rodríguez C; Bennasar-Veny M; Yáñez AM. (/6). 2024. Personal protective measures and settings on the risk of SARS-COV-2 community transmission: a case-control study. *Frontiers In Public Health*. <https://doi.org/10.3389/fpubh.2023.1327082>
- 11 **Scientific paper**. Miquel Bennasar-Veny; Narges Malih; Aina M. Galmes-Panades; Ivonne C. Hernandez-Bermudez; Natalia Garcia-Coll; Ignacio Ricci-Cabello; Aina M. Yáñez. (/7). 2023. Effect of physical activity and different exercise modalities on glycemic control in people with prediabetes: a systematic review and meta-analysis of randomized controlled trials. *Frontiers In Endocrinology*. <https://doi.org/10.3389/fendo.2023.1233312>

- 12 **Scientific paper.** Capitán-Moyano L, Cañellas-Iniesta N, Arias-Fernández M, Bennasar-Veny M, Yáñez AM, Castro-Sánchez E.(/1). 2023. Environmental factors of food insecurity in adolescents: A scoping review protocol. Plos One. <https://doi.org/10.1371/journal.pone.0294506>. PMID:37988385
- 13 **Scientific paper.** Parvanova, A.; Abbate, M.; Yáñez, A.M.; et al; Ruggerenti, P.(/11). 2023. MAFLD and glomerular hyperfiltration in subjects with prediabetes, visceral obesity and preserved kidney function: A cross-sectional study. Diabetes Research and Clinical Practice. <https://doi.org/10.1016/j.diabres.2023.110729>
- 14 **Scientific paper.** Aneliya Parvanova; Manuela Abbate; Aina Maria Yanez; et al; Piero Ruggerenti.(/11). 2023. MAFLD and glomerular hyperfiltration in subjects with prediabetes, visceral obesity and 'preserved' kidney function: A cross-sectional study. Diabetes Research and Clinical Practice. 201-110729, pp.1-7. <https://doi.org/10.1016/j.diabres.2023.110729>
- 15 **Scientific paper.** Aina Huguet-Torres, Alba Carrero-Planells, Sergio Fresneda, Raquel Sebastián-Hernández, Noemí Sansó, Cristina Moreno-Mulet, Miquel Bennasar-Veny, Aina M Yáñez. (/1). 2023. Impacto personal y académico de la pandemia por COVID-19 en los estudiantes de enfermería en España (EsE-COVID). Medicina Balear. 38-5, pp.108-116.
- 16 **Scientific paper.** María Arias-Fernández; Sergio Fresneda; Manuela Abbate; et al; Carla Busquets-Cortés; Aina M. Yáñez. (8/9). 2023. Fatty Liver Disease in Patients with Prediabetes and Overweight or Obesity. Metabolites. 13 (4)-531, pp.1-12. <https://doi.org/10.3390/metabo13040531>
- 17 **Scientific paper.** Yáñez, Aina M.; Adrover-Roig, Daniel; Bennasar-Veny, Miquel. (/3). 2023. Personality, Preferences, Satisfaction, and Achievement in a Biostatistics Course: Traditional versus Flipped Classrooms in Nursing Education. Education Sciences. 13 (2)-197, pp.1-9. <https://doi.org/10.3390/educsci13020197>
- 18 **Scientific paper.** Laura Capitán-Moyano; María Arias-Fernández; Miquel Bennasar-Veny; Aina M. Yáñez; Enrique Castro-Sánchez. (/5). 2023. (In)seguridad alimentaria en adolescentes: del paternalismo a la justicia social. Revista Espanola de Salud Publica.
- 19 **Scientific paper.** P. Fuster-Parra; A. M. Yáñez; A.A. López-González; A. Aguiló; M. Bennasar-Veny. (2/5). 2023. Identifying risk factors of developing type 2 diabetes from an adult population with initial prediabetes using a Bayesian network. Frontiers In Public Health. <https://doi.org/10.3389/fpubh.2022.1035025>
- 20 **Scientific paper.** Galmes-Panades, A.M.; Abbate, M.; Bennasar-Veny, M.; López-González, A.A.; Vicente-Herrero, M.T.; Busquets-Cortés, C.; Leiva, A.; Yáñez, A.M.(8/8). 2022. Occupational and Leisure Physical Activity on Cardiovascular Risk and Body Composition Among Courier Workers. Biological Research For Nursing. <https://doi.org/10.1177/10998004221105535>
- 21 **Scientific paper.** Garcia, A; Yáñez, AM; Bennasar-Veny, M; et al; Garcia-Toro M.(1/13). 2022. Efficacy of an adjuvant non-face-to-face multimodal lifestyle modification program for patients with treatment-resistant major depression: A randomized controlled trial. Psychiatry Research. 319-114975, pp.1-9. <https://doi.org/10.1016/j.psychres.2022.114975>
- 22 **Scientific paper.** Aina M Galmes-Panades; Escarlata Angullo; Sofia Mira-Martínez; et al; Ignacio Ricci-Cabello. (/26). 2022. Development and Evaluation of a Digital Health Intervention to Prevent Type 2 Diabetes in Primary Care: The PREDIABETEXT Study Protocol for a Randomised Clinical Trial. International Journal Of Environmental Research And Public Health. 19-22, pp.1-17. <https://doi.org/10.3390/ijerph192214706>
- 23 **Scientific paper.** Sergio Fresneda; Manuela Abbate; Carla Busquets; et al; Aina M. Yáñez; Pilar Fuster; et al. (7/11). 2022. Sex and age differences in the association of fatty liver index-defined non-alcoholic fatty liver disease with cardiometabolic risk factors: a cross-sectional study. Biology Of Sex Differences. 13-64, pp.1-16. <https://doi.org/10.1186/s13293-022-00475-7>
- 24 **Scientific paper.** Pons, M.; Caner, M.; Rubies, J.; Carmona, M.; Ruiz, M.Á.; Yáñez-Juan, A.M.(/6). 2022. A comparative study of recreational screen time in neurodevelopmental disorders Estudio comparativo del tiempo de pantallas recreativas en los trastornos del neurodesarrollo. Revista de Neurologia. 74-9, pp.291-297. <https://doi.org/10.33588/rn.7409.2021505>

- 25 **Scientific paper.** Camacho-Barcia, L.; García-Gavilán, J.; Martínez-González, M.Á.; et al; Bulló, M.(/50). 2022. Vitamin K dietary intake is associated with cognitive function in an older adult Mediterranean population. Age and Ageing. <https://doi.org/10.1093/ageing/afab246>
- 26 **Scientific paper.** Miguel A Bedmar, Bennassa-Veny Miquel, Artigas-Lelong Berta, Salvà-Mut Francesca, Joan Pou, Capitan-Moyano Laura, García-Toro Mauro, Aina M. Yáñez. (/1). 2022. Health and acces to healthcare in homeless people. Protocol for a mixed-methods study. Medicine. <https://doi.org/10.1097/MD.00000000000028816>
- 27 **Scientific paper.** AM Galmes-Panades; M Bennasar-Veny; P Oliver; et al; AM Yáñez; AM Yáñez. (18/18). 2022. Efficacy of Different Modalities and Frequencies of Physical Exercise on Glucose Control in People with Prediabetes (GLYCEX Randomised Trial). Metabolites. <https://doi.org/10.3390/metabo12121286>
- 28 **Scientific paper.** Adelyne Maria Mendes Pereira; Cristiani Vieira Machado; Miquel Bennasar Veny; Aina Maria Yáñez Juan; Sonia Navas Recio. (/5). 2021. Governance and state capacities against COVID-19 in Germany and Spain: national responses and health systems from a comparative perspective. Ciencia & Saude Coletiva. 26-10, pp.4425-4437. <https://doi.org/10.1590/1413-812320212610.11312021>
- 29 **Scientific paper.** López, M.; Ríos, A.; Romaguera, D.; et al; Yáñez, A.M.; Yáñez, A.M.(54/54). 2021. Association between ankle-brachial index and cognitive function in participants in the PREDIMED-Plus study: cross-sectional assessment Asociación entre índice tobillo-brazo y rendimiento cognitivo en participantes del estudio PREDIMED-Plus: estudio transversal. Revista Española de Cardiología. 74-10, pp.846-853. <https://doi.org/10.1016/j.recesp.2020.06.031>
- 30 **Scientific paper.** Laura Capitán-Moyano, Miguel Ángel Bedmar, Berta Artigas, Miquel Bennasar-Veny, Joan Pou, Laura Molina-Núñez, Maria Gayà-Coll, Laura Garcias Cifuentes, Mauro García-Toro, Aina M. Yáñez. (/1). 2021. Personas sin hogar y salud: vulnerabilidad y riesgos durante la pandemia de COVID-19. Estudio piloto. Academic Journal of Health Sciences. 36-4, pp.136-144.
- 31 **Scientific paper.** Abbate, M.; Pericas, J.; Yáñez, A.M. (AC); López-González, A.A.; De Pedro-Gómez, J.; Aguilo, A.; Morales-Asencio, J.M.; Bennasar-Veny, M.(3/8). 2021. Socioeconomic Inequalities in Metabolic Syndrome by Age and Gender in a Spanish Working Population. International Journal Of Environmental Research And Public Health. <https://doi.org/10.3390/ijerph181910333>
- 32 **Scientific paper.** Busquets-Cortés, C.; Bennasar-Veny, M.; López-González, A.A.; Fresneda, S.; Aguiló, A.; Yanez, A.(6/6). 2021. Fatty liver index and progression to type 2 diabetes: a 5-year longitudinal study in Spanish workers with pre-diabetes. Bmj Open. <https://doi.org/10.1136/bmjopen-2020-045498>
- 33 **Scientific paper.** Indira Paz-Graniel; Nancy Babio; Nerea Becerra-Tomás; et al; on behalf of the PREDIMED-Plus Investigators. (/54). 2021. Association between coffee consumption and total dietary caffeine intake with cognitive functioning: cross-sectional assessment in an elderly Mediterranean population. European Journal of Nutrition. <https://doi.org/10.1007/s00394-020-02415-w>
- 34 **Scientific paper.** Araceli Navas; María del Carmen Carrascosa; Catalina Artigues; et al; Alfonso Leiva. (/9). 2021. Effectiveness of moderate-intensity aerobic water Exercise during Pregnancy on Quality of Life and Postpartum Depression: A Multi-Center, Randomized Controlled Trial. Journal Of Clinical Medicine. 10-2432, pp.1-13. <https://doi.org/10.3390/jcm10112432>
- 35 **Scientific paper.** Maria Antònia Fiol-DeRoque; Maria Jesús Serrano-Ripoll; Rafael Jiménez; et al; Ignacio Ricci-Cabello; Aina María Yáñez-Juan. (5/17). 2021. A Mobile Phone-Based Intervention to Reduce Mental Health Problems in Healthcare Workers During the COVID-19 Pandemic (PsyCovidApp): Randomized Controlled Trial. Jmir Mhealth And Uhealth. <https://doi.org/10.2196/27039>
- 36 **Scientific paper.** Ignacio Ricci-Cabello; Aina María Yáñez-Juan; Maria A Fiol-deRoque; Alfonso Leiva; Joan Llobera Canaves; Fabrice B R Parmentier; Jose M Valderas. (2/7). 2021. Assessing the Impact of Multi-Morbidity and Related Constructs on Patient Reported Safety in Primary Care: Generalized Structural Equation Modelling of Observational Data. Journal Of Clinical Medicine.

- 37 **Scientific paper.** Busquets-Cortés, C.; Bennasar-Veny, M.; López-González, A.A.; Fresneda, S.; Abbate, M.; Yáñez, A.M.(6/6). 2021. Utility of Fatty Liver Index to predict reversion to normoglycemia in people with prediabetes. Plos One. 16-4, pp.1-12. <https://doi.org/10.1371/journal.pone.0249221>
- 38 **Scientific paper.** Maria J. Serrano-Ripoll; Ignacio Ricci-Cabello; Rafael Jiménez; et al; Maria A. Fiol-deRoque; Aina M. Yáñez-Juan. (5/17). 2021. Effect of a mobile-based intervention on mental health in frontline healthcare workers against COVID-19: Protocol for a randomized controlled trial. Journal of Advanced Nursing. 77-6, pp.2898-2907. <https://doi.org/10.1111/jan.14813>
- 39 **Scientific paper.** Manuela Abbate, Sergio Fresneda, Aina Yáñez, Ignacio Ricci-Cabello, Aina M Galmes-Panades, Antoni Aguilo, Miquel Bennasar-Veny. (/1). 2021. Nurse-led telephone intervention for lifestyle changes on glycaemic control in people with prediabetes: Study protocol for a randomized controlled trial. Journal of Advanced Nursing. 77-7, pp.3204-3217. <https://doi.org/10.1111/jan.14842>
- 40 **Scientific paper.** Montserrat Pons; Andreeva Bordoy; Elodia Alemany; Olga Huget; Analia Zagaglia; Silvia Slyvka; Aina María Yáñez. (/7). 2021. Family habits related to the excessive use of recreational screens (television and video games) in childhood. Revista Espanola de Salud Publica.
- 41 **Scientific paper.** Monserrat Pons; Miquel Bennasar-Veny; Aina M. Yáñez. (3/3). 2020. Maternal Education Level and Excessive Recreational Screen Time in Children: A Mediation Analysis. International Journal Of Environmental Research And Public Health. <https://doi.org/10.3390/ijerph17238930>
- 42 **Scientific paper.** Navarro C, Yáñez AM, Garcia A, Seguí A, Gazquez F, Marino JA, Ibarra O, Serrano-Ripoll MJ, Gomez-Juanes R, Bennasar-Veny M, Salva J, Oliván B, Roca M, Gili M, Garcia-Toro M.(/1). 2020. Effectiveness of a healthy lifestyle promotion program as adjunctive teletherapy for treatment-resistant major depression during COVID 19 pandemic: A randomized clinical trial protocol.Medicine. <https://doi.org/10.1097/MD.00000000000022958>
- 43 **Scientific paper.** Rafael Molina-Luque; Aina M Yáñez; Miquel Bennasar-Veny; Manuel Romero-Saldaña; Guillermo Molina-Recio; Ángel-Arturo López-González. (/6). 2020. A Comparison of Equation Córdoba for Estimation of Body Fat (ECORE-BF) with Other Prediction Equations. International Journal Of Environmental Research And Public Health. <https://doi.org/10.3390/ijerph17217940>
- 44 **Scientific paper.** Regina Cortes, Miquel Bennasar-Veny, Enrique Castro-Sanchez, Sergio Fresneda, Joan de Pedro-Gomez, Aina Yáñez. (/1). 2020. Nutrition screening tools for risk of malnutrition among hospitalized patients. A protocol for systematic review and meta analysis. Medicine. 99-43, pp.1-6. <https://doi.org/10.1097/MD.00000000000022601>
- 45 **Scientific paper.** Meritxel ILópez; Angel Ríosa; Dora Romaguera; et al; Aina M.Yáñez. (/53). 2020. Association between ankle-brachial index and cognitive function in participants in the PREDIMED-Plus study: cross-sectional assessment. Revista Española de Cardiología.
- 46 **Scientific paper.** Miquel Bennasar-Veny, Sergio Fresneda, Angel Arturo Lopez-Gonzalez, Carla Busquets, Antoni Aguilo, Aina M. Yáñez. (6/1). 2020. Lifestyle and progression to type 2 diabetes in a cohort of workers with prediabetes. Nutrients. <https://doi.org/10.3390/nu12051538>
- 47 **Scientific paper.** Aina M Yáñez, Miquel Bennasar-Veny, Alfonso Leiva, Mauro García-toro. (1/1). 2020. Implications of personality and parental education on healthy lifestyles among adolescents. Scientific Reports.
- 48 **Scientific paper.** Bennasar-Veny, M; Yáñez, AM (AC); Pericás, J; Ballester, LI; Fernández-Domínguez JC; Tauler, P; Aguiló, A.(2/7). 2020. Cluster analysis of Health-related lifestyles in university students. International Journal Of Environmental Research And Public Health. <https://doi.org/10.3390/ijerph17051776>

C.3. Research projects and contracts

- 1 **Project.** PROSALUT2023-22, Efectividad del Diabetes Prevention Program Adaptado a Población Española en Centros de Atención Primaria: Ensayo Clínico Aleatorizado por Conglomerados (DiPP-ES). Conselleria de Salut i Consum. Govern de les Illes Balears. Yáñez Juan, Aina Maria; Fresneda Genovard, Sergio. 01/05/2024-30/04/2027. 100.370 €.

- 2 **Project.** PI23/01625, Efectividad de una estrategia de implementación del Diabetes Prevention Program para optimizar la prevención de la diabetes tipo 2 en Atención Primaria: ensayo clínico aleatorizado por conglomerados híbrido tipo III (estudio ALADIM). Instituto de Salud Carlos III. Bennasar Veny, Miguel. 01/01/2024-31/12/2026. 127.500 €.
- 3 **Project.** PI22/01669, Intervención de Audit & Feedback para reducir la prescripción Inadecuada de Medicación en pacientes mayores de 65 años en atención primaria. Estudio AIMde Salud Carlos III.. Instituto de Salud Carlos III. Alfonso Leiva. 01/01/2023-31/12/2025. 89.000 €.
- 4 **Project.** PI22/01684, Multimorbilidad en el Sistema Nacional de Salud: Caracterización poblacional e impacto de sus patrones y trayectorias en personas mayores (Proyecto MM-SNS). Instituto de Salud Carlos III. Angélica Miguelez Chamorro. (Servei de Salut de les Illes Balears (Ib-Salut)). 01/01/2023-31/12/2025. 33.880 €.
- 5 **Project.** SYN22/05, EFFICACY OF DIFFERENT MODALITIES AND FREQUENCIES OF PHYSICAL EXERCISE ON GLUCOSE CONTROL IN PEOPLE WITH PREDIABETES (GLYCEX STUDY). Fundació Institut d'Investigació Sanitària Illes Balears (IdISBa). Aina Yáñez y Lluís Mas Miquel. (Fundació Institut d'Investigació Sanitària Illes Balears (IdISBa)). 30/05/2023-29/05/2025. 59.988 €.
- 6 **Project.** RD21/0016/0009, Red de Investigación en Cronicidad, Atención Primaria y Promoción de la Salud (RICAPPS). Instituto de Salud Carlos III. Leiva Rus, Alfonso. 01/01/2022-31/12/2024. 287.248,5 €.
- 7 **Project.** PDC2022-133257-I00, Impulsando la transferencia de DiabeText, una herramienta digital integrada con la historia clínica para mejorar la salud y calidad de vida de personas con diabetes (DiabeText2.0). Ministerio de Ciencia e Innovación (MICINN). Ricci Cabello, Ignacio. 01/12/2022-30/11/2024. 149.500 €.
- 8 **Project.** EXP_75081, Comparación de la eficacia de diferentes modalidades y frecuencias de ejercicio físico supervisado en el control glucémico de personas con diabetes tipo 2. Ministeri de Cultura i Esport. Yáñez Juan, Aina Maria. 27/03/2023-30/11/2023. 132.125,95 €.
- 9 **Project.** PI18/01209, Efectividad y coste-utilidad de una intervención enfermera basada en prescripción social de activos y modificación de estilos de vida para reducir la glucemia en prediabéticos (PREDIAPS). Instituto de Salud Carlos III. Bennasar Veny, Miguel; Aguiló Pons, Antonio. 01/01/2019-30/06/2023. 38.720 €.
- 10 **Project.** SYN20/04, Development and evaluation of a low intensity, multifaceted, digital health intervention to prevent type 2 diabetes mellitus in the primary care setting: the PREDIABETEXT study. Fundació Institut d'Investigació Sanitària Illes Balears (IdISBa). Ignacio Ricci Cabello (IP); Escarlata Angullo Martínez (Co-IP). (Fundació Institut d'Investigació Sanitària Illes Balears (IdISBa)). 01/01/2021-31/12/2022. 80.000 €.
- 11 **Project.** RTI2018-093590-B-I00, Eficacia coadyuvante de un programa multimodal de promoción de Estilo de Vida saludable en el tratamiento de la Depresión Mayor Resistente - EVenDMR. Ministerio de Ciencia, Innovación y Universidades. García Toro, Mauro. 01/01/2019-30/09/2022. 48.400 €.
- 12 **Project.** IDISBA-COVID19/06, Efectividad de una intervención basada en el uso de tecnología móvil para la prevención de problemas de salud mental en profesionales sanitarios en primera línea de atención de pacientes con COVID-19.. Fundació Institut d'Investigació Sanitària Illes Balears (IdISBa). Ignacio Ricci Cabello (IP); María Jesús Serrano Ripoll (Co-IP). (Fundació Institut d'Investigació Sanitària Illes Balears (IdISBa)). 15/05/2020-14/05/2022. 48.500 €.
- 13 **Project.** ICI20/00128, Efectividad clínica y erradicación bacteriológica de 4 pautas antibióticas cortas en infecciones urinarias bajas en mujeres adultas [Estudio SCOUT]. Instituto de Salud Carlos III. Leiva Rus, Alfonso; Roca Casas A; Ramírez Manent JI; Llobera Canaves J; Quintana Torres LJ; Ballester Camps A; Vicens Caldentey C; Yáñez Juan AM; Ripoll Amengual J; Ricci Cabello I; Soler Mieras A. (Gerencia de Atención Primaria de Mallorca). 01/11/2020-01/11/2021. 82.500 €.
- 14 **Project.** Prevención de la depresión en el medio laboral mediante una intervención personalizada basada en algoritmos de riesgo, TICs y sistemas de ayuda a la decisiones: ensayo controlado aleatorio. Instituto de Salud Carlos III. Alfonso Leiva Rus. From 01/01/2019.

