

Fecha del CVA	06/11/2025
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Parte A. DATOS PERSONALES

Nombre	MIGUEL		
Apellidos	BENNASAR VENY		
Sexo	Hombre	Fecha de Nacimiento	
DNI/NIE/Pasaporte			
URL Web			
Dirección Email			
Open Researcher and Contributor ID (ORCID)	0000-0003-1668-2141		

A.1. Situación profesional actual

Puesto	Full Professor / Catedrático de Universidad		
Fecha inicio	2022		
Organismo / Institución	Universitat de les Illes Balears		
Departamento / Centro			
País	España	Teléfono	
Palabras clave			

A.3. Formación académica

Grado/Master/Tesis	Universidad / País	Año
Family and Community Nursing	Ministerio de Ciencia e Innovación. Universidades	2022
PhD in Health Sciences	Universidad de las Islas Baleares / España	2012
MSc in Human Cognition and Evaluation	Universitat de les Illes Balears / España	2008
BSc in Anthropology (Health and Disease)	Univesidad Católica San Antonio Murcia / España	2003
Graduate in Nursing	Universitat de les Illes Balears / España	2000

Parte B. RESUMEN DEL CV

Dr. Bennasar-Veny is a **Full professor** in Epidemiology and Public Health in the Nursing and Physiotherapy Department at the University of the Balearic Islands (UIB) since November 2022. He has a solid foundation in Nursing, having graduated in 2000, he has over 20 years of experience as both a nurse in Primary Care and a lead researcher at the UIB. His academic journey includes a BSc in Anthropology, specializing in Health and Disease, obtained in 2003, followed by an MSc in Human Cognition and Evaluation obtained in 2008. He attained his PhD in Health Sciences with "Cum Laude" distinction in 2012 and received the Jean Dausset Award for best doctoral thesis in Medicine.

Currently, Dr. Bennasar-Veny is the **director of the PhD program in Global Health, Health Services and Social Care** at the UIB. He is also the leader of the Research Group "Global Health and Lifestyle (EVES)" at the UIB and the Health Research Institute of the Balearic Islands (IdISBa) since March 2020, and is a **member of the CIBER Epidemiology and Public Health research network** (CIBERESP CB06/02/102).

Throughout his scientific career, Dr. Bennasar-Veny has maintained an interest in exploring the role of lifestyle modification in preventing non-communicable diseases such as Type 2 diabetes and cardiovascular disease. He actively participates in research as principal investigator and team member in various competitive research projects. At present, he leads the ALADIM study "Effectiveness of a novel implementation strategy for the Diabetes Prevention Program implementation to optimize type 2 diabetes prevention in Primary Care: a cluster randomized type III hybrid trial", recently funded by the Carlos III Health Institute (PI23/0165).



Beyond his own research interests, since 2016, he externally reviews research projects presented at regional and national competitive calls for the National Agency of Research (AEI) and the Andalusian Foundation “Progress and Health”. He also is a reviewer for JCR journals, such as Preventive Medicine (Q1), Journal of Advanced Nursing (D1), and Frontiers in Public Health (D1), among others.

Relevant previous experience includes: member of the Health Research Ethics Committee of the Balearic Islands (CEI-IB) from 2010 to 2019; member of the Research Network on Primary Care, Prevention and Health Promotion (redIAPP; G03/170) funded by the ISCIII; Director of the Office for Healthy and Sustainable University at the UIB; and head of the Nursing and Physiotherapy Department from 2013 to 2021.

Acknowledged for his expertise and dedication, Dr. Bennasar-Veny has received numerous **Awards and Honors** including:

- 1) The Award for Best National Research Career in Nursing by the Spanish General Nursing Council (2023).
- 2) The Jean Dausset Award to the best PhD in Medicine (2012).
- 3) The Award to the best scientific career by the Balearic Islands Royal Academy of Medicine (2021).
- 4) The Award for the Best Project promoting healthy lifestyles among university students within the Nutrition, Physical Activity and Obesity Prevention Strategy (NAOS), by the Spanish Agency for Food Safety and Nutrition (AECOSAN), Spanish Ministry of Health (2019).

Parte C. LISTADO DE APORTACIONES MÁS RELEVANTES

C.1. Publicaciones más importantes en libros y revistas con “peer review” y conferencias

AC: Autor de correspondencia; (n° x / n° y): posición firma solicitante / total autores. Si aplica, indique el número de citas

- 1 **Artículo científico.** Aina Huguet-Torres; Enrique Castro-Sánchez; Laura Capitán-Moyano; Cristian Sánchez-Rodríguez; (5/6) Miquel Bennasar-Veny; Aina M. Yañez. 2024. Personal Protective Measures and Settings on the Risk of SARS-CoV-2 Community Transmission: A Case-Control Study. *Frontiers in Public Health*. 11. ISSN 2296-2565. <https://doi.org/10.3389/fpubh.2023.1327082>
- 2 **Artículo científico.** Regina Cortes-Aguilar; Manuela Abbate; Narges Malih; Sergio Fresneda; Aina M. Yañez; (6/6) Miquel Bennasar-Veny. 2024. Validity of nutrition screening tools for risk of malnutrition among hospitalized adult patients: a systematic review and meta-analysis. *Clinical Nutrition*. Elsevier. 43-4. ISSN 0261-5614. <https://doi.org/10.1016/j.clnu.2024.03.008>
- 3 **Artículo científico.** (1/7) Bennasar-Veny M; Malih N; Galmes-Panades AM; Hernandez-Bermudez IC; Garcia-Coll N; Ricci-Cabello I; Yañez AM. 2023. Effect of physical activity and different exercise modalities on glycemic control in people with prediabetes: a systematic review and meta-analysis of randomized controlled trials. *Frontiers in Endocrinology*. 14. ISSN 1664-2392. <https://doi.org/10.3389/fendo.2023.1233312>
- 4 **Artículo científico.** Garcia, Aurora; Yanez, Aina M.; (3/15) Bennasar-Veny, Miquel (AC); et al; Garcia-Toro, Mauro. 2023. Efficacy of an adjuvant non-face-to-face multimodal lifestyle modification program for patients with treatment-resistant major depression: A randomized controlled trial. *Psychiatry Research*. Elsevier. 319. ISSN 0165-1781. <https://doi.org/10.1016/j.psychres.2022.114975>
- 5 **Artículo científico.** 2025. Effectiveness of a low-intensity nurse-led lifestyle intervention on glycaemic control in individuals with prediabetes: The PREDIPHONE randomized controlled clinical trial. *International Journal of Nursing Studies*.
- 6 **Artículo científico.** Fuster-Parra, P.; Huguet-Torres, A.; Castro-Sánchez, E.; (4/5) Bennasar-Veny, M.; Yañez, A.M.2024. Identifying the interplay between protective measures and settings on the SARS-CoV-2 transmission using a Bayesian network. *Plos One*. 19-7, pp.1-19. <https://doi.org/10.1371/journal.pone.0307041>



- 7 **Artículo científico.** Cortes, R.; Yañez, A.M.; Capitán-Moyano, L.; Millán-Pons, A.; (5/5) Bannasar-Veny, M.2024. Evaluation of different screening tools for detection of malnutrition in hospitalised patients. Journal of Clinical Nursing. <https://doi.org/10.1111/jocn.17170>
- 8 **Artículo científico.** Huguet-Torres, A.; (2/4) Bannasar-Veny, M. (AC); Castro-Sánchez, E.; Yañez, AM.2024. Factores sociodemográficos y ambientales relacionados con el uso de mascarillas en la población durante la pandemia por la COVID-19. Revista Espanola de Salud Publica.
- 9 **Artículo científico.** Capitán-Moyano L; Cañellas-Iniesta N; Arias-Fernández M; (4/6) Bannasar-Veny M; Yañez AM; Castro-Sánchez E. 2023. Environmental factors of food insecurity in adolescents: A scoping review protocol. PloS One. 18, pp.e0294506. ISSN 1932-6203. <https://doi.org/10.1371/journal.pone.0294506>
- 10 **Artículo científico.** María Arias-Fernández; Sergio Fresneda; Manuela Abbate; et al; Carla Busquets-Cortes; (5/9) Miquel Bannasar-Veny. 2023. Fatty Liver Disease in Patients with Prediabetes and Overweight or Obesity. Metabolites. 13-4, pp.531. ISSN 2218-1989. <https://doi.org/10.3390/metabo13040531>
- 11 **Artículo científico.** Parvanova A; Abbate M; Yañez AM; et al; Ruggerenti P; (4/11) Bannasar-Veny M. 2023. MAFLD and glomerular hyperfiltration in subjects with prediabetes, visceral obesity and "preserved" kidney function: A cross-sectional study. Diabetes Research and Clinical Practice. Elsevier. 201, pp.110729. ISSN 0168-8227. <https://doi.org/10.1016/j.diabres.2023.110729>
- 12 **Artículo científico.** Aina M Yañez; Daniel Adrover-Roig; (3/3) Miquel Bannasar-Veny (AC). 2023. Personality, Preferences, Satisfaction, and Achievement in a Biostatistics Course: Traditional versus Flipped Classrooms in Nursing Education. Education Sciences. 13. ISSN 2227-7102. <https://doi.org/10.3390/educsci13020197>
- 13 **Artículo científico.** Sánchez-Rodríguez C; Capitán-Moyano L; Malih N; Yañez AM; (5/8) Bannasar-Veny M; Velasco-Roldán O; Bullete O; Llobera-Canaves J. 2023. Prevalence of musculoskeletal disorders among hotel housekeepers and cleaners: A systematic review with meta-analysis. Musculoskeletal Science & Practice. Elsevier. 69, pp.102890. ISSN 2468-8630. <https://doi.org/10.1016/j.msksp.2023.102890>
- 14 **Edición científica.** Capitán-Moyano L.; Arias-Fernández M.; (3/5) Bannasar-Veny M.; Yañez A.M.; Castro-Sánchez E.2023. Food (in)security in teenagers: From paternalism to social justice. Revista Espanola de Salud Publica. 97. ISSN 11355727.

C.3. Proyectos o líneas de investigación

- 1 **Proyecto.** PI23/01625 - Effectiveness of a novel implementation strategy for the Diabetes Prevention Program implementation to optimize type 2 diabetes prevention in Primary Care: a cluster randomized type III hybrid trial (the ALADIM study). Instituto de Salud Carlos III. Miquel Bannasar-Veny. (Instituto de Investigación Sanitaria de les Illes Balears (IdISBa)). 01/01/2024-31/12/2026. 127.500 €.
- 2 **Proyecto.** CSD23/75081 - Efficacy of different modalities and frequencies of physical exercise on glucose control in people with diabetes (GLYCEX STUDY). Consejo Superior de Deportes - Proyectos de Investigación en Medicina del Deporte. Aina M Yañez. (Universitat de les Illes Balears). 01/01/2023-31/12/2023. 132.125 €.
- 3 **Proyecto.** PDC2022-133257-I00 - Driving the transfer of DiabeText, a digital tool integrated with medical records to improve health and quality of life for people with diabetes (DiabeText 2.0). Ministerio de Ciencia, Innovación y Universidades. (Atención Primaria Mallorca - Servicio de Salud de les Illes Balears). 01/01/2023-31/12/2023. 149.500 €.

