

**CV Date**

21/01/2024

**Part A. PERSONAL INFORMATION**

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|-------------|------------------|
| First Name  | Ruth             |
| Family Name | Jiménez Castuera |

**A.1. Current position**

|                     |  |
|---------------------|--|
| Job Title           | Prof. Catedrática de Universidad   |
| Starting date       | 2021   |
| Institution         | Universidad de Extremadura   |
| Department / Centre | DIDÁCTICA DE LA EXPRESIÓN MUSICAL, PLÁSTICA Y CORPORAL / FACULTAD CIENCIAS DEPORTE                             |
| Keywords            | Motivation; Quality of life; Applied social psychology; Education and learning of physical education and sport |

**A.2. Previous positions (Research Career breaks included)**

| Period      | Job Title / Name of Employer / Country  |
|-------------|---|
| 1999 - 2002 | Becaria F.P.I. / Consejería de Educación, Ciencia y Tecnología                  |
| 1999 -      | Técnico de Apoyo / Consejería de Educación, Ciencia y Tecnología de Extremadura |
| 1998 -      | Profesora de Educación Física / COLEGIO M <sup>a</sup> PAZ ORELLANA             |

**A.3. Education**

| Degree/Master/PhD  | University / Country                     | Year |
|--|--|------|
| Máster Universitario en Alto Rendimiento Deportivo         | Universidad Autónoma de Madrid / Spain   | 2005 |
| Motricidad Humana  | Facultad de Ciencias del Deporte / Spain | 2004 |
| Certificado de Aptitud Pedagógica                          | Universidad de Extremadura / Spain       | 1999 |
| Licenciado en Ciencias de la Actividad Física y el Deporte | Facultad de Ciencias del Deporte         | 1998 |

**Part B. CV SUMMARY**

PhD in Physical Activity and Sports Sciences, I defended my doctoral thesis in 2004 that deals motivational aspects and the analysis of healthy lifestyles in young people, obtaining the extraordinary doctorate award. In addition, I was awarded a Predoctoral Scholarship (FPI).

Full professor at the Faculty of Sports Sciences of the University of Extremadura, where I have worked since October 2002, getting an award for teaching excellence through the UEx DOCENTIA program.

I published more than 100 scientific articles, of which about 80 published in journals indexed in JCR/SJR, 120 communications and 5 book chapters and 1 book with SPI. Participation in a total of 16 research projects and 5 teaching innovation projects. I have belonged to the editorial board of the Ibero-American Journal of Exercise and Sport Psychology. I have been edited research topic of Frontiers in Oncology, International Journal of Environmental Research and

Public Health and Sustainability. I have done a total of 8 research stays, some of which are about studying motivational processes in the University of Greely (United States of América), the University of Porto (Portugal) and the University of Curtin (Perth, Australia). Regarding management positions, I have been Academic Secretary, Vice Dean of Academic Planning, interim Dean and Head of Mobility at the Faculty of Sports Sciences of the University of Extremadura. At present, I am Quality Manager of the International Doctoral Program at the University of Extremadura (EDUEX), I am the president of the Title Commission of the Master's Degree in Initiation and Research in Performance Research and I hold the position of secretary of the Spanish Association of Sports Sciences (AECD).

## Part C. RELEVANT ACCOMPLISHMENTS

### C.1. Most important publications in national or international peer-reviewed journals, books and conferences

AC: corresponding author. (nº x / nº y): position / total authors. If applicable, indicate the number of citations

- 1 **Scientific paper.** Salvador, R.; Monteiro, D.; Revelo-Gonçalves, R.; (4/4) Jiménez-Castuera, R. 2023. Interpersonal Behavior, Basic Psychological Needs, Motivation, Eating Behavior, and Body Image in Gym/Fitness Exercisers: A systematic review. Sustainability. MDPI. 15-14914, pp.1-16. ISSN 2071-1050.
- 2 **Scientific paper.** Fresno-Alba, S.; Leyton, M.; Mesquita, S.; (4/4) Jiménez-Castuera, R. 2023. Predicting Quality of Life in Women with Breast Cancer Who Engage in Physical Exercise: The Role of Psychological Variables. Healthcare. MDPI. 11, 2088, pp.1-11. ISSN 2227-9032.
- 3 **Scientific paper.** Fresno-Alba, S.; Denche-Zamorano, Á.; Pastor-Cisneros, R.; Pereira-Payo, D.; Franco-García, J. M.; (6/6) Jiménez-Castuera, R. (AC). 2023. Breast cancer and physical activity: A bibliometric analysis. Frontiers in Oncology. Frontiers Media SA. 12:1051482, pp.1-12. ISSN 2234-943X.
- 4 **Scientific paper.** Batista, M.; Leyton-Román, M.; (3/3) Jiménez-Castuera, R. 2022. Validity and Reliability of the Portuguese Version of the Healthy Lifestyle Questionnaire- EVS III. International Journal of Environmental Research and Public Health. MDPI. 19-1612. ISSN 1660-4601.
- 5 **Scientific paper.** Gil-Píriz, D.; Leyton, M.; Mesquita, S.; (4/4) Jiménez-Castuera, R. (AC). 2021. Barriers to the practice of sport and physical activity from the perspective of Self-Determination Theory. Sustainability. MDPI. 13-7665, pp.1-11. ISSN 2071-1050.
- 6 **Scientific paper.** Leyton, M.; Mesquita, S.; (3/3) Jiménez-Castuera, R. (AC). 2021. Validation of the Spanish Healthy Lifestyle Questionnaire. International Journal of Clinical and Health Psychology. Elsevier. 21-100228, pp.1-9. ISSN 1697-2600.
- 7 **Scientific paper.** Leyton, M.; De la Vega, R.; (3/3) Jiménez-Castuera, R. (AC). 2021. Motivation and commitment to sports practice during the lockdown caused by Covid-19. Frontiers in Psychology. Axel Cleeremans. 11, pp.1-8. ISSN 1664-1078.
- 8 **Scientific paper.** Hardcastle, S. J.; (2/5) Jiménez-Castuera, R.; Maxwell-Smith, C.; Bulsara, M. K.; Hince, D. 2020. Fitbit wear-time and patterns of activity in cancer survivors throughout a physical activity intervention and follow-up: Exploratory analysis from a randomized controlled trial. PLOS ONE. Patrick Bergman, Linneaus University, Sweden. 15-10, pp.1-16. ISSN 1932-6203.
- 9 **Scientific paper.** Maxwell-Smith, C.; Hince, D.; Cohen, P. A.; et al; Hardcastle, S. J.;

(14/15) Jiménez-Castuera, R.2019. A randomized controlled trial of WATAAP to promote physical activity in colorectal and endometrial cancer survivors. *Psycho-Oncology*. John Wiley & Sons Ltd. pp.1-10. ISSN 1099-1611.

- 10 Scientific paper.** Hardcastle, S. J.; Hince, D.; (3/14) Jiménez-Castuera, R.; et al; Platell, C.2019. Promoting physical activity in regional and remote cancer survivors (PPARCS) using wearables and health coaching: randomised controlled trial protocol. *BMJ Open*. 9-5, pp.1-8. ISSN 2044-6055.